

## Modules 2 - 9

### Patternmaking & Garment Construction:

NZ Academy of Fashion uses the SITAM-AB DVD system as its training basis. You will receive the DVD , Patternmaking Template, Text Book, Academy notes, extra patterns making examples, plus guide/info based on the Academy's experience with their in-house students. Tutors will help support you throughout the course and will answer any question you may have via email / telephone.

### In this Course you will learn to draft the following Blocks

- Skirt Block
- T Shirt Block
- Fitted Bodice/Dress Block & Sleeve Block
- Trouser Block

These are the basic shapes for women's wear and from this set of **Blocks**, a patternmaker can create most styles.

### BLOCK AND ADAPTATION MODULES:

Once each **Block** has been mastered, the student will learn the different applications, adaptations & manipulations needed to create various styles.

Program and the Interaction between yourself and the Academy:

1. **The Block** - Using the SITAM-AB system, the students will draft a block based on a standard size 42. This will be submitted to the Academy for assessment and feedback.
2. **Adaptations** - Once this is returned and feedback given, using the block, the student will work through the various adaptations, covering several techniques, and learn how to create different styles. On completion the Academy will request a small selection of these patterns for assessment and feedback.
3. **Patternmaking & Theory Test** – The Student will be sent a fashion image of a garment, without instructions and required to draft the design in the time allocated. This pattern is to include: seam allowances and all relevant pattern markings. A theory test will be sent and answered via email. The purpose of these tests is preparation for the exams.

Patternmaking and garment construction is interconnected. In order for the student to understand the relationship between flat patterns and the contours of a three dimensional human form, the student needs to construct a garment using their drafted pattern.

This will allow the student to evaluate the results of the pattern and begin to understand the different properties of various fabrics.

### GARMENT CONSTRUCTION MODULES:

The next step is to construct a garment based on personal measurements. Draft a personalized block; make up a test garment to evaluate fit. Using your own design, style and construct a garment. This garment will be sent to the Academy for an official mark.

The following is a sample of the Skirt Block and Adaptations Module with all other Block Modules following the same format.



## SAMPLE MODULE – Patternmaking – Skirt

Approx. 3-6 months

### INTRODUCTION

- TOOLS: understand the use of the appropriate measuring, cutting and marking tools. -
- TAKING MEASUREMENTS – for a Skirt
- PATTERN INDICATION MARKS:
- BLOCKS & TEST GARMENTS:

### SKIRT BLOCK & ADAPTATIONS

**Skirt Block** - standard size 42

**Adaptations of the Skirt Block** - covering the following

- Asymmetrical skirts
- Wrap-over skirts
- Circular skirts
- Flared skirt
- Panel skirt
- Pleated skirt

*Covered in these adaptations will be the following techniques*

- Straight waistband
- Dart manipulation & pivoting
- Pleats
- Back vents
- Gathers
- Pockets
- Slash and spread

### ASSIGNMENTS TO BE SENT TO ACADEMY FOR MARKING;

- Skirt Block in standard size - 42
- 4x 'Final' Skirt Patterns, will be requested once all the patterns prescribed in the Check Sheet have been completed

Once requested patterns are sent to NZAF, you will complete the following tests:

- **Patternmaking Test** – You will be sent a fashion image of a skirt, without instructions and required to draft the design in the time allocated.
- **Theory Test** – This will be sent and marked via email

The following is a sample of the Skirt Construction Module with all other Construction Modules following the same format.



## SAMPLE MODULE– Garment Construction - Skirt

### Your design

Approx. 2--3 months

**INTRODUCTION** –Draft a pencil or A line skirt Block

- Measurements - your own size, someone else, a mannequin or standard size

### TOILE

- Make up a **test garment**
- Evaluate the fit of the toile on the person or mannequin
- Implement the necessary adjustments to the toile and block to get the best possible fit for the specific measurements

### SKIRT

Make use of the **Construction/Assembly Sheet**; include a **sketch** of the garment

- Trace off the block and using the skills you have acquired in Module 2 add your own design features
- Make up a toile in order to evaluate your design
- Construct and line **skirt** in **appropriate woven fabrics** of your choice.
- The skirt needs to incorporate the following
  - Zip (invisible or lapped)
  - Straight waistband or Facing
  - Darts or darts folded away into a yolk or flare
  - Appropriate hems and seam allowance
  - Lining - optional

**ASSIGNMENT** – to be sent to NZAF for Official Mark (please include measurements used)

- Drafted final skirt pattern
- Skirt
- Construction sheet with sketch



## Tutors:

Throughout all the Modules the tutors will answer any questions the student may have, by email and/or telephone (Monday-Wednesday 9am – 2pm)

## Guarantee:

We estimate the time of the course to take around 44 weeks we do however guarantee to be with you until the completion of your course.